

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Stuffed Bacon Rolls Chicken Crumble Turnip / Peas Mashed Potatoes Gravy /Crusty Bread Jelly /Frozen Yogurt	Irish stew Oven Baked Sausages Mixed Vegetables Mixed Salad Chips & Mashed Potatoes Ice-cream /Fruit	Roast Chicken Stuffing & Gravy Carrot & Parsnip Oven Roast Potatoes Mashed Potatoes Bun /Flake meal Biscuit /Fruit	Sweet & Sour Chicken with Rice Pizza, Carrots Salad Bar, Gravy Mashed Potatoes Chocolate Muffin Cake, Shortbread, Yogurt	Lasagna, Fish Fingers Baked Beans Mixed Salad Chips & Mashed Potatoes Ice-cream & Jelly Egg Sponge
Week Two	Pasta Bolognaise Homemade Pizza Peas /Carrots Salad Bar/ Gravy Mashed Potatoes Chocolate Sponge Frozen Yogurt	Chicken & Pasta Bake Chicken Goujons Corn /Peas Chips & Mashed Potatoes Flake meal Biscuit Fresh Fruit Salad	Cottage Pie Baked Gammon Carrots /Peas Mixed Salad/ Gravy Mashed Potatoes Swiss Roll /Fruit	Roast Chicken Stuffing /Gravy Turnip /Peas Oven Dry Roast Potatoes & Mashed Shortbread /Yogurt	Chicken Curry & Rice Oven Baked Sausages Baked Beans /Cabbage/ Gravy Mashed Potatoes Ice-cream Wafer Jelly & Fruit
Week Three	Chicken & Pasta Bake Steak Burger/Gravy Turnip /Peas Mashed Potatoes Egg Jam Sponge Fruit	Chicken Tikka Fish Fingers Baked Beans/Corn Chips & Mashed Potatoes /Gravy Flake meal Biscuit & Fruit or Ice-cream Wafer & Fruit	Pizza Stuffed Bacon Rolls Carrot & Parsnip Mixed Salad/ Gravy Mashed Potatoes Shortbread Ice-cream Tub	Roast Chicken & Stuffing / Gravy Peas/ Carrots Oven Roast Potatoes Mashed Potatoes Bun / Melon	Sweet & Sour Chicken with Rice Oven Baked Sausages /Gravy Corn & Peas Mashed Potatoes Jelly & Ice-cream
Week Four	Chicken Curry & Rice Homemade Pizza Mixed Vegetables Mixed Salad/ Gravy Mashed Potatoes Chocolate Sponge Shortbread/Fruit	Roast Pork Chicken Nuggets Baked Beans /Carrots Chips /Mashed Potatoes/Gravy Flake meal Biscuit Fresh Fruit Salad	Breaded Fish Fish Fingers Cottage Pie/Gravy Broccoli Salad Bar Mashed Potatoes Ice-cream Wafer & Fruit	Roast Chicken & Stuffing /Gravy Mixed Vegetables Oven Dry Roast Potatoes & Mashed Potatoes Egg Jam Sponge & Fruit	Peppered Chicken & Rice Oven Baked Sausages Peas & Turnip Gravy Mashed Potatoes Frozen Yogurt & Fruit

school food

www.schoolfoodni.com
Try something new today

**Bread, Fresh Fruit, -
Yoghurt, Milk and Water
are available daily**

**If you require any additional
Information on allergens or
Special diets please contact
the school in the first
instance**

