



# Community Wellbeing Event

Armagh City Hotel, Armagh  
Wednesday 24th October 2018  
6.00pm – 8.30pm

- Health & Wellbeing Workshops
- Mocktail Bar
- Advice and Guidance on Alcohol and Drugs
- Improving Your Mental Health
- Guest Speaker Theresa Burke

Spot Prizes, Goodie Bags and Light Refreshments

Supported by Armagh, Banbridge & Craigavon  
Policing & Community Safety Partnership  
(PCSP) and Southern Drugs & Alcohol  
Co-Ordination Team  
(SDACT Connection Service)



Policing & Community  
Safety Partnerships  
making our community safer

RSVP by 10th October through [www.eventbrite.co.uk](http://www.eventbrite.co.uk) or [noelle.garvey@armaghabanbridgecraigavon.gov.uk](mailto:noelle.garvey@armaghabanbridgecraigavon.gov.uk)